

Critical Care Decisions in the Mental Health of Children

Date: Saturday, November 7, 2009

Time: 8:00am – 3:30pm

Location: Kathryn Weil Center
Medical Arts Building, 4th Floor
415 North 26th Street
Lafayette, IN

Fee: \$35.00 (includes continental breakfast and lunch)

- **Online Registration** – Visit www.mhalafayette.org. Click the “Donate” tab. Then click the “Donate Online” link. Complete donation form and in the “Comments” box write “November Conference” and list attendee’s name and email address.
- **Mailed Registration** – Registrations may be mailed to: MHA – November Conference, 914 South Street, Lafayette, IN 47901. Please enclose check made payable to MHA (Mental Health America) with “November Conference” and attendee’s name written in memo portion of check.

Continuing Education Credits:

- The Lafayette Medical Education Foundation, Inc. (LMEF) designates this educational activity for a maximum of 6.0 AMA PRA Category 1 Credits. Physicians should only claim credit commensurate with the extent of their participation in the activity. LMEF designates a maximum of 6.0 prescribed credits with the AAFP.
- Mental Health America of Tippecanoe County in cooperation with the Social Worker, Marriage and Family Therapist and Mental Health Counselor Board designates this educational conference for 6.0 CEUs (Continuing Education Units).
- Teachers are approved for 3 CRUs (Continuing Recertification Units).

Presenters:

- Jerry Fletcher, M.D., St Vincent Stress Center
- Stephen Lipp, M.D., Clarian Arnett Pediatrics
- Nizar El-Khalili, M.D., Alpine Clinic
- Susan Kersey, ANP, Purdue University, School of Nursing
- Elizabeth Akey, Ph.D., Purdue University, School of Psychology

Topics:

- Critical observations and conversations with parents, observations and conversations with children.
- Behaviors as symptoms of various problems, anxiety, depression and disruptive behaviors.
- Medications will be presented separately in seminar format for prescribers.
- Resilience and the need for care will be presented prior to a panel discussion.
- Emphasis will be on co-morbidity and early intervention.

Conference and Networking Sponsor:

- Community Psychiatric Professional Education Committee comprised of Mental Health America of Tippecanoe County, NAMI of West Central Indiana, and the Kathryn Weil Center.

Conference and Networking Financial Underwriter:

- Financial support provided by NCHS (North Central Health Services).

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Moderators: Mike Hunter, M.D., and Lynn Emery, M.D.

8:00 Registration and Continental Breakfast

8:30 Introduction and Brief Statement of Need

8:40 Session 1

Critical Observations and Conversations with Parents

Talking with, and including parents in evaluating and managing children's mental health challenges.

- Jerry Fletcher, M.D.

9:40 Session 2

Behaviors as Indications of Problems; Critical Observations and Conversations with Kids

Alcohol use, ODD, school refusal, aggression, sulking, sexual activity

- Elizabeth Akey, Ph.D.

10:40 Break

10:50 Session 3A

Anxiety and Depression

Observations and need for treatment

- Susan Kersey, RN, MSN, APN

Session 3B (for medication prescribers)

Medications for Anxiety and Depression

Discussion and questions

- Jerry Fletcher, M.D.

11:50 Lunch

12:30 Session 4A

Disruptive Behaviors

Observations and need for treatment

- Steven Lipp, M.D.

Session 4B (for medication prescribers)

Atypical Antipsychotics

Discussion and questions

- Jerry Fletcher, M.D.

1:30 Session 5

Resilience, Critical Components

- Nizar El-Khalili, M.D.

2:30 Session 6

Panel Discussion

- Jerry Fletcher, M.D., St Vincent Stress Center
- Stephen Lipp, M.D., Clarian Arnett Pediatrics
- Nizar El-Khalili, M.D., Alpine Clinic
- Susan Kersey, ANP, Purdue University, School of Nursing
- Elizabeth Akey, Ph.D., Purdue University, School of Psychology

3:30 Adjourn

Critical Care Decisions in the Mental Health of Children

Goals and Objectives

At the conclusion of the program, participants will be able to:

- Identify the roles of professionals who interact with children in the mental health care of children.
- Identify problem behaviors in children and some of the possible etiologies.
- Identify critical components of talking to parents and children about these behaviors.
- Recognize the role of medications in the treatment of problem behaviors and refer for treatment and/or prescribe medications appropriately.
- Identify the components of resilience in children who have mental health problems.
- Network with other professionals who care for, and about children.